

Camper Clothing and Personal Gear

Please provide your child with a sufficient amount of clothing for their session at camp. Laundry service is **not** available at camp. Camp clothing should be casual attire that will prepare the camper to be in an out-of-doors environment. Your child will be participating in hiking, climbing, canoeing, and other outdoor activities every day that require clothing that protects their skin and will function with our safety equipment (such as climbing harnesses). Short shorts, spaghetti straps, strapless or bare-midriff tops, extra baggy shorts, and close fitting or revealing clothes are not appropriate camp attire.

2 Week Sessions

- [] 2 waterbottles, liter size, tight seal lid (REQUIRED – PLEASE LABEL WITH YOUR CHILD'S NAME)
- [] 2 sets of sheets (single), 2 pillowcases, and a pillow
- [] 1 lightweight blanket
- [] 4 towels and 2 washcloths
- [] all personal toilet items (shampoo, soap, toothpaste, deodorant)
- [] sunscreen product of SPF 30 or higher (enough to last the entire session)
- [] 2 pairs pajamas
- [] 9 - 10 pairs of shorts (please no short shorts or extra baggy shorts)
- [] 9 - 10 t-shirts (please no spaghetti strap midriff style)
- [] 3 pairs jeans or other long pants (minimum)
- [] 1 jacket
- [] 1 sweater or sweat shirt top (we have cool mornings and evenings)
- [] 2 lightweight long sleeve shirts
- [] 1 cap with sun visor
- [] 1 swim suit - modest style (girls -one piece or tankini, please no bikinis)
- [] 12 pairs underwear
- [] 14 pairs socks (2 pr. should be a wool blend such as Smart Wool or Thorlo)
- [] 1 waterproof raincoat (essential - a coat or jacket protects better than poncho)
- [] 1 pair hiking boots or shoes (OPTIONAL - see note below regarding footwear)
- [] 3 - 4 pairs of tennis shoes (1 pair should be a sturdy pair for walking on trails)
- [] laundry bag
- [] casual dress-up clothes for camp dance
- [] costumes or props needed for the skit/talent show
- [] extra eyeglasses
- [] sunglasses
- [] day pack (their school book pack should be sufficient)
- [] pencils, notebooks, reading books
- [] stationery, postcards, pre-stamped envelopes, stamps for letters home
- [] camera (include extra memory sticks)
- [] flashlight with batteries

Additional Items Needed by Older Campers for 4 Day Trip

- sleeping bag with stuff sack (two blankets & a sheet could be substituted)
- sleeping pad (such as a closed cell foam camping pad)
- plate, bowl and cup (aluminum or plastic)
- silverware set (knife/fork/spoon)
- a compressible clothing bag (such as a small duffle bag, gym/totebag, stuff sack, or laundry bag) to pack clothes, toiletries, and all other items needed for the trip
- warm fleece type hat and gloves (early mornings and evenings can be chilly at higher elevations)
- bandana

Explorer Sessions (1 week session)

- 2 water bottles, liter size, tight seal lid (REQUIRED - LABEL PLEASE WITH YOUR CHILD'S NAME)
- 1 sets of sheets (single), 1 pillowcase, and a pillow
- 1 lightweight blanket
- 3 towels and washcloth
- all personal toilet items (shampoo, soap, toothpaste, deodorant)
- sunscreen product of SPF 30 or higher (enough to last the entire session)
- 1 pair pajamas
- 4 - 5 pairs of shorts (please no short shorts or extra baggy shorts)
- 5 - 6 t-shirts (please no spaghetti strap midriff style)
- 2 pairs jeans or other long pants (minimum)
- 1 jacket
- 1 sweater or sweat shirt top (we have cool mornings and evenings)
- 2 lightweight long sleeve shirts
- 1 cap with sun visor
- 1 swim suit - modest style (girls -one piece or tankini, please no bikinis)
- 6 pairs underwear
- 7 pairs socks
- 1 waterproof raincoat (essential -coat/jacket protects better than poncho)
- 1 pair hiking boots (see note below regarding footwear)
- 2 - 3 pairs of tennis shoes
- laundry bag
- extra eyeglasses
- sunglasses
- day pack (their school book pack should be sufficient)
- pencils, notebooks, reading books
- stationery, postcards, pre-stamped envelopes, stamps for letters home
- camera (include extra film or memory sticks)
- flashlight with batteries

Clothing and Personal Gear Notes for All Campers in all sessions

1. Please be sure all clothing, shoes, and camping equipment are clearly labeled with the camper's name.
2. Clothing should be appropriate for outdoor activities. Campers are outside on adventure activities every afternoon. Their clothing should protect their skin from sun, allow freedom of movement, and function with our safety equipment such as climbing harnesses. Short shorts, spaghetti straps, midriff tops, extra baggy shorts, and close fitting clothes are not appropriate camp attire.
3. Every camper is REQUIRED to bring 2 water bottles.
4. Footwear is a very important clothing item. Shoes will get wet from river trips and rainy days. There are no laundry facilities at camp so please send plenty of shoes so some can be sun drying while others are being worn. Campers do not need hiking boots to be on the trails that are part of our program. A sturdy shoe with good tread will be sufficient. While hiking boots and shoes are included on our clothing list and we encourage campers to bring hiking boots or shoes if they already own some, we do not recommend that parents make a special purchase. If you decide to purchase hiking boots or shoes for your campers be sure that you purchase them far enough in advance that the boots or shoes are well broken in before camp starts – new boots cause blisters & sore feet.
5. Activities at camp continue rain or shine. Please send sturdy waterproof rain gear - the thin poncho type is not sturdy enough.
6. Storage space for clothing is limited in the cabins. A foot locker is nice and many campers bring one, but it is not required.
7. One of the evening programs for 2-week campers is a skit/talent night. Your child may want to bring costumes or other clothes/props/instruments for that night.
8. The camp administration and staff at Camp Broadstone are not responsible for any personal property brought to camp by campers. We discourage sending expensive items to camp.
9. Campers are not allowed to bring pets or animals to camp.
10. Weapons are not permitted on Appalachian State University property which includes Camp Broadstone. Persons in possession of weapons will be subject to prosecution by State Law Chapter 558 (H1008) General Section 14-269.2.
11. Drugs, tobacco and alcohol are not allowed at Camp Broadstone. Any participant (staff or camper) suspected of alcohol/drug/tobacco use will be asked to leave the camp property immediately.
12. Please do not send:
 - cell phones
 - electronic games
 - expensive music players
 - expensive jewelry
 - music with explicit lyrics not suitable for community living areas

Spending Money

Each camper should bring between \$25 and \$30 for spending money for the camp store and out of camp trips. **PLEASE BRING ONLY CASH IN SMALL BILLS - \$1'S AND \$5'S.** In accordance with Appalachian State University policies we cannot keep any change at the camp and we are unable to cash any checks. All money will be deposited with the camp upon opening day and locked in the camp safe. We do not recommend that campers keep money with them in their cabins as it has a tendency to be lost or may serve as a temptation to some other child. Money is used by campers to purchase hats, t-shirts, mugs, and other items at the camp store, plus any incidental items they may need while at camp (like toothpaste, soap, stamps, etc.).