

# **Wilderness First Responder**

Sponsored by the Wilderness Medicine institute of NOLS and Camp Broadstone

**March 8–16, 2008**

**Schedule:** Saturday, March 8 – Sunday, March 16  
Daily from 8:00 a.m. - 5 p.m.

**Cost:** \$675 - course tuition and lunch daily  
\$775 – course tuition, lunch daily, 8 nights lodging

**Location:** Camp Broadstone, 1431 Broadstone Road, Banner Elk, NC

**Course Description** Essential for anyone who spends significant time in remote places or who has a professional career in the outdoors, the Wilderness First Responder (WFR) course will prepare you to make difficult medical decisions. This course is fast paced and engaging. You'll spend half your time outside of the classroom doing hands-on skills and realistic scenarios. In addition to scenarios, you'll participate in a full-scale night mock rescue. WMI's curriculum encompasses a wide range of topics including long-term patient care, wound management, straightening angulated fractures, reducing dislocations, litter packaging and administering medications. You'll complete this course with the tools and confidence to manage patients in the backcountry for multiple days. The intensive 80 hour curriculum is nationally recognized and supported by the Wilderness Medicine Institute's Medical Advisory Panel. You'll be taught by dynamic educators who have practiced both wilderness and urban medicine. This 9 day course is ideal for all professionals operating in remote environments. Adult CPR certification is included. The WFR course is pre-approved for 70 course of EMT CEU's by CECBEMS.

**Registration** A deposit of \$400 is required to reserve a space in the course. Tuition (and lodging) balance is due by Friday, February 8, 2008. All registration made after February 8 will require full payment at time of registration. Payments may be made by check (payable to Camp Broadstone) or Visa/Mastercard. Registration forms are located on our website ([www.campbroadstone.com](http://www.campbroadstone.com)) or by emailing [mcnealjp@appstate.edu](mailto:mcnealjp@appstate.edu)

**Cancellation and Refund Policy** If a participant cancels or withdraws from the course before or on February 8 the tuition minus a \$50 processing fee will be refunded. After February 8 the entire tuition is non refundable. Camp Broadstone reserves the right to cancel the course. A full refund will be given minus a \$50 processing fee if we are forced to cancel the course for any reason.

**Course Format/ Equipment** Check-in is at 7:30 am on the first day of the course. Course days run from 8:00am – 5:00 pm. A lunch will be served each day of the course. Two evening sessions will be scheduled. The format for this 80 hour WFR is classroom lectures integrated with practical scenarios, skills practice sessions, case studies, role-playing and simulated rescues. Attendance is required for all scheduled classes. Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, muddy or snowy, cold ground playing the role of both rescuer and patient. Frequently stage blood and make-up will be used to emphasize the reality of a scenario. Generally the classroom environment lends itself to a pair of comfy shoes/slippers and a crazy creek type chair.

You will need: a large day pack with multiple layers of clothing, water bottle, waterproof tops and bottoms, sturdy boots, head lamp or flashlight, a watch with a second hand. A 4-hour evening outdoor mock rescue is part of the curriculum, please be prepared with appropriate clothing.

You will be sent an acceptance packet that will include a list of equipment to bring upon receipt of your registration form.

**Lodging/Meals** Lunch will be served on site each day. Vegetarian options are provided, however participants with special diets including vegan, gluten free and other specific food allergies will be responsible for providing for their dietary needs. No other meals are provided nor are there facilities available on site for participants to cook their own meals. There are a variety of restaurants locally in the Boone area for breakfast and supper. Visit the following web site for information: [www.highcountryhost.com](http://www.highcountryhost.com)

Lodging is in bunk bed style cabins that include indoor bathroom facilities, hot showers, and electric heat. Participants must bring their own sleeping bag or sheets, pillow and blanket. No linens are provided. Camping is available locally in Valle Crucis, Foscoe, Boone and Blowing Rock areas. Visit the following web sites for information: [www.highcountryhost.com](http://www.highcountryhost.com) and [www.vallecrucis.com](http://www.vallecrucis.com) **No campsites are available at the camp.**

**EMT Continuing Education credits** WMI is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organizations. Current EMT's are eligible to receive 70 CEU hours for their Wilderness First Responder courses. Please bring a photocopy of your current EMT card(s) with you to the course.

**Directions** Directions may be found on the camp's website [www.campbroadstone.com](http://www.campbroadstone.com)

**PETS ARE NOT ALLOWED AT THE COURSE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS.** SERVICE DOGS NECESSARY FOR THE STUDENT'S PARTICIPANTION IN THE COURSE ARE ALLOWED. Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

**NO SMOKING OR ALCOHOL IS ALLOWED ON SITE**

Please contact us with any questions or concerns you may have.

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